

**COLUSA COUNTY
AIR POLLUTION CONTROL DISTRICT
HARRY A. KRUG
DIRECTOR OF AIR QUALITY STANDARDS**

June 26, 2008

AIR QUALITY ADVISORY

Air Quality in Colusa County remains unhealthy due to smoke from the numerous fires in the area. Yesterday's poor air quality reached its highest level late in the afternoon. Today's air quality promises more of the same with increasingly high numbers. The air quality today will again reach unhealthy levels.

Scientific studies have linked the fine particulates associated with smoke with a variety of significant health problems. Sensitive people should consider limiting prolonged outdoor activities. While symptoms vary from person to person, the more sensitive individuals are at greatest risk to experience more aggravated symptoms which may include but not limited to coughing, scratchy throat, watery and itchy eyes and difficulty breathing.

If you smell, or see smoke around you, consider restricting your outdoor activities. Until the present conditions improve, individuals should consider taking the following actions:

- Children, elderly individuals, and people with respiratory problems should remain indoors.
- Stay inside with doors and windows shut. Use the recycle or re circulate mode on the air conditioner in your home or car. Avoid cooking or vacuuming, which can increase pollutants inside your home.
- Contact your doctor if you have symptoms such as chest pain, chest tightness, shortness of breath or severe fatigue.
- Keep airways moist by drinking lots of water. Breathing through a warm, wet washcloth can also help relieve dryness.

For further information, contact the Colusa County Air Pollution Control Office at (530)458-0590

News Release

**Colusa County Department of Health and Human Services
Colusa County Air Pollution**

Colusa County Air Quality Advisory

7/10/08

Immediate Release

Contact: Colusa County Air Pollution Office 458-0590 or Colusa County Public Health 458-0380

Atypical weather patterns are forcing smoke from the Concow fire into Colusa County. We anticipate this pattern and the subsequent poor air quality to prevail for the next few days.

The Colusa County Air Pollution Office and Colusa County Public Health are advising residents to minimize or stop their outdoor activities, especially exercise, during smoky conditions. Current conditions can be especially hazardous for young children, the elderly, individuals with heart conditions and those with respiratory ailments such as asthma, emphysema and bronchitis. Residents who suffer from chronic medical conditions or respiratory illnesses are strongly advised to remain indoors.

The California Environmental Protection Agency has recommended that healthy individuals, who must be outside in smoky conditions, wear a mask called a "particulate respirator". These resemble common dust masks but are different in very important ways. Choose one that has two straps and has NIOSH, and either N95 or P100 printed on it and follow the manufacturer's instructions carefully. N95 masks may be purchased at the following Colusa County retailers; Kelleher Paint, Ace hardware stores in Arbuckle, Williams and Colusa.

The Colusa County Air Pollution Control District has issued the following recommendations to residents to minimize their exposure to smoke:

- ◆ Keep windows and doors closed as much as possible.
- ◆ Use the recycle or re-circulate mode on the air conditioner in your home or car.
- ◆ Postpone outdoor activities, particularly those involving prolonged exertion.

For further information contact Colusa County Air Pollution Office at 458-0590 or Colusa County Public Health at 458-0380.

News Release

**Colusa County Department of Health and Human Services
Colusa County Air Pollution**

Colusa County Air Quality Advisory

6/23/08

Immediate Release

Contact: Colusa County Air Pollution Office 458-0590 or Colusa County Public Health 458-0380

Elevated levels of particulate matter (PM) caused by smoke and ash from the numerous fires burning throughout Northern California are creating an unhealthy air quality in Colusa County.

The Colusa County Air Pollution Office and Colusa County Public Health are advising residents to avoid physical exertion and limit their outdoor activities. Smoky conditions can be especially hazardous for young children, the elderly, individuals with heart conditions and those with respiratory ailments such as asthma, emphysema and bronchitis. Residents who suffer from chronic medical conditions or respiratory illnesses are strongly advised to remain indoors.

The Colusa County Air Pollution Control District has issued the following recommendations to residents wishing to minimize their exposure to smoke:

- ◆ Keep windows and doors closed as much as possible.
- ◆ Use the recycle or re-circulate mode on the air conditioner in your home or car.
- ◆ Postpone outdoor activities, particularly those involving prolonged exertion.

Smoke can irritate the eyes and airways, causing coughing, scratchy throat and irritated sinuses. Persons experiencing severe symptoms should seek professional medical advice or treatment.

For further information contact Colusa County Air Pollution Office at 458-0590 or Colusa County Public Health at 458-0380.